



KITCHENER 2022

DAY 1

	LVL 1 – FLOOR 1	LVL 2 – FLOOR 2	LVL 3 – FLOOR 3
8:30am – 9:00am	Doors open – Drop-off Begins for Morning Session		
9:00 am - 9:30 am	Stretch & Strengthen ASHLEY	Stretch & Strengthen MARILYNN	
9:30 am - 10:30 am	Balances & Walkover Variations MAUREEN	Walkover Variations ASHLEY	Walkover Variations NIKKI
10:30 am - 11:30 am	Aerial & Aerial Variations MARILYNN	Aerial & Aerial Variations MAUREEN	Aerial & Aerial Variations ASHLEY
11:30 am - 12:30 pm	Tumbling KIM	Tumbling ASHLEY	Tumbling MAUREEN
12:30pm	Morning Session Complete! Pick-up for morning session participants. Sanitization to be completed before afternoon session.		
1:00pm	Doors open – Drop-off Begins for Afternoon Session		
1:30pm - 2:00pm	Stretch & Strengthen AARON	Stretch & Strengthen KIM	
2:00pm - 3:00pm	Balances & Walkover Variations KIM	Balances & Walkover Variations AARON	Balances & Walkover Variations NINA
3:00 - 4:00	Aerial & Aerial Variations AARON	Aerial & Aerial Variations NINA	Aerial & Aerial Variations KIM
4:00 - 5:00	Tumbling NINA	Tumbling KIM	Tumbling AARON
5:00 pm	Afternoon Session Complete! Pick-up for afternoon session participants. Sanitization to be completed before DAY 2!		

DAY 2

	LVL 1 – FLOOR 1	LVL 2 – FLOOR 2	LVL 3 – FLOOR 3
8:30am	Doors open – Drop-off Begins for Morning Session		
9:00am	Stretch & Strengthen NIKKI	Stretch & Strengthen AARON	
9:30am	Walkovers & Aerials NINA	Walkovers & Aerials NIKKI	Walkovers & Aerials AARON
10:30am	Tumbling MARILYNN	Tumbling AARON	Tumbling NINA
11:30pm - 12:20 pm	Acro Artistry MAUREEN	Acro Artistry NINA	Acro Artistry KIM
12:20 pm	A-LIST AWARDS PRESENTATION (participants only – parents cannot attend) CONGRATULATIONS ACROBATS! THANKS FOR JOINING US!		
12:30 pm	Morning Session Complete! Pick-up for morning session participants. Sanitization to be completed before afternoon session.		
1:00pm	Doors open – Drop-off Begins for Afternoon Session		
1:30pm	Stretch & Strengthen MAUREEN	Stretch & Strengthen KIM	
2:00pm	Walkovers & Aerials ASHLEY	Walkovers & Aerials KIM	Walkovers & Aerials MAUREEN
3:00pm	Tumbling KIM	Tumbling MAUREEN	Tumbling ASHLEY
4:00pm - 4:50pm	Acro Artistry MAUREEN	Acro Artistry ASHLEY	Acro Artistry KIM
4:50pm	A-LIST AWARDS PRESENTATION (participants only – parents cannot attend) CONGRATULATIONS ACROBATS! THANKS FOR JOINING US!		
5:00 pm	Afternoon Session Complete! Pick-up for afternoon session participants. Sanitization to be completed!		